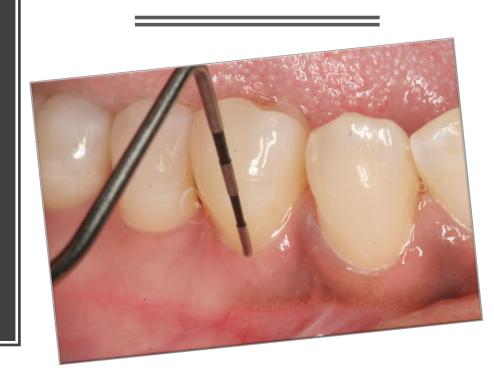
Down in the mouthmanaging the dento-legal risks of periodontal disease in practice

BDIA Birmingham October 2019

Len D'Cruz



Why perio claims are increasing

Clínical assessment

Record keeping

Referrals to hygienist and specialists

Managing periodontal patients on the NHS

BDA Indemnity

### Common allegations

Failure to diagnose periodontal disease

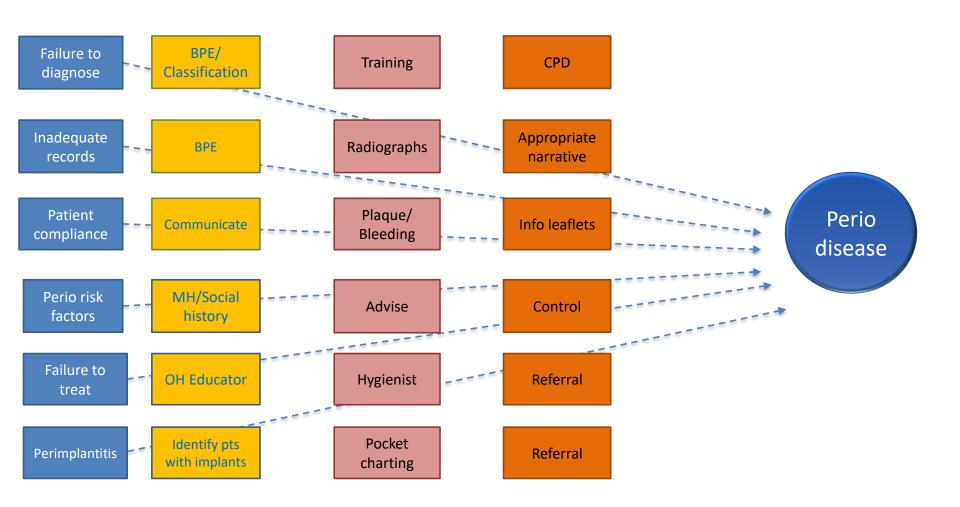
No evidence of periodontal monitoring or risk assessment made

No or insufficient periodontal treatment carried out

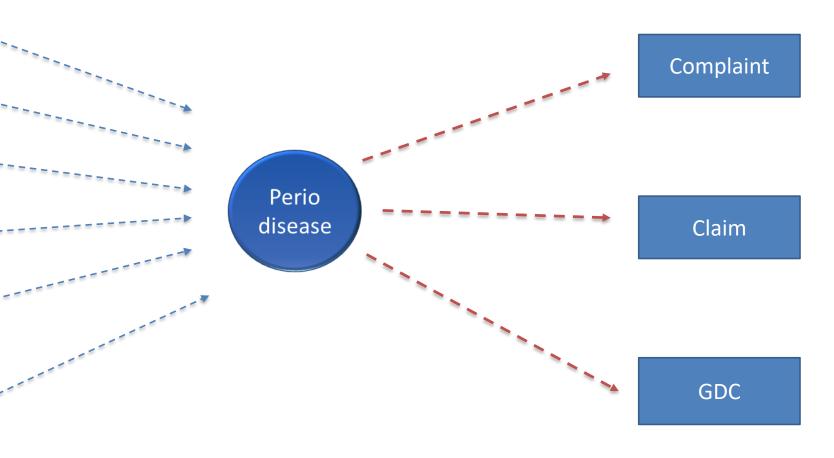
No management of risk factors

No referral made or offered when it was appropriate to do so

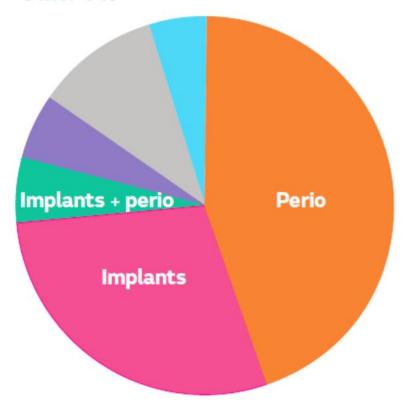
#### Hazards Preventive barriers undesirable event



#### Consequences



Top 20 UK claims by value
Perio 44.7%
Implants 28.8%
Implants and perio 5.5%
Maxillofacial 5.5%
Orthodontics 10.5%
Other 5%



# Why is perio such a problem?

- Perio cases cover extended periods often stretching back many years, involving more than one practitioner and hygienist
  - More than half of defence organisations high value perio cases included treatment carried out in the 1980's and 1990's
  - Law firms place "advertorials" in local papers naming the dentist whom they have won perio claims against and invite other such patients with bleeding gums to contact them

Year on year increase in number of perio related claims 1,300 perio claims in 2016

200 perio claims per year which are more than 10 years old

Average perio claim settlement £45,000 Average non -perio claim settlement £22,000

Special damages are higher than general damages



#### 10. Non-Surgical Treatment

1021

1041

10(a) Scaling, polishing and simple periodontal treatment, including oral hygiene instruction, normally only payable where at least two complete calendar months have elapsed since the last such treatment:

1001		per course of treatment	Dentist's Fee £11.10	Charge	
	10(b)	Treatment of periodontal disease requiring more than one vis	it including	aral burgia	_
	10(0)	rreatment of periodonial disease requiring more than one vis	u, metuding	g oran nygrei	пe

instruction, scaling, polishing and marginal correction of fillings

1011 per course of treatment £26.90 (£21.52)

10(c) Non-surgical treatment of chronic periodontal disease, including oral hygiene instruction, over a minimum of three visits, with not less than one month between the first and third visit, and with re-evaluation of the patient's condition (to include full periodontal charting) at a further visit not less than two complete calendar months after active treatment is complete. Treatment to include root-planning, deep scaling and, where required, marginal correction of restorations, irrigation of periodontal pockets, sub-gingival curettage and/or gingival packing of affected teeth, and all necessary scaling and polishing:

with 1-4 affected teeth treated under this item	£34.25	(£27.40)
with 5-9 affected teeth treated under this item	£41.85	(£33.48)
with 10-16 affected teeth treated under this item	£49.40	(£39.52)
th 17 or more affected teeth treated under this item	£55.45	(£44.36)

Additional fee payable in connection with item 10(c) for each sextant of the mouth treated

such fee as the Board may determine

	Additio	onal fee payable in connection with item 10(c) for	or each sextant of the mouth treated:
1022			per sextant £6.95 (£5.56)
	10(d)	This item has been deleted	
	*10(e)	Splinting of periodontally compromised teeth:	

# Why is perio such a problem?

- The end of item-of –service and the detailed fee scale narrative that went with periodontal claims for treatment disappeared with the UDA system
- The SDR narrative required BPE scores and other indices to be measured for different levels of exams and perio treatment (10c)
- 13 years worth of the 2006 contract and the unintended consequences of it will cost millions to resolve



## Why is perio such a problem?

- Future treatment costs are large and there are more of them. Most claims cost between £25,000 and £75,000 to settle but many of them cost £100,000 or more
  - Record keeping does not match what the dentist and hygienists say they told the patients about OHI, smoking, risk factors and progression of the disease
- Few clinicians can be entirely confident that no such cases are lurking in their filing cabinets from 10-20 years ago

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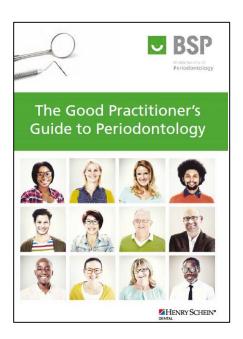
Referrals to hygienist and specialists

Managing periodontal patients on the NHS

BDA Indemnity

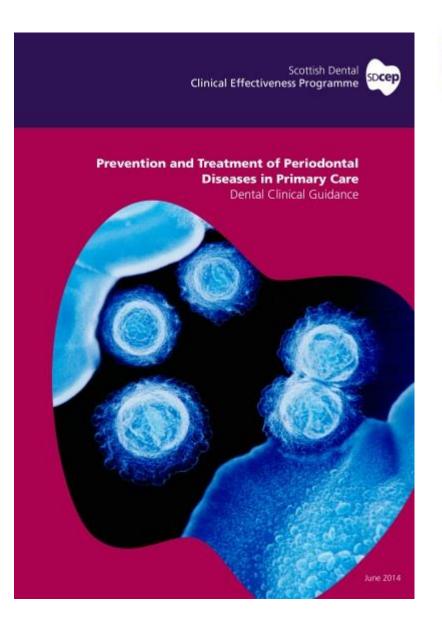
#### **Periodontal assessment**

Follow BSP guidance



- History taking
- Risk factors

- 1. Do your gums bleed on brushing or overnight?
- 2. Are any of your teeth loose?
- 3. Can you chew everything you want to?
- 4. Do you have a bad taste or smell from your mouth?
- 5. Do you suffer from pain, swelling, gumboils or blisters?
- 6. Do you smoke?
- 7. Is there anything else you would like to tell me?
  - Local
  - Smoking
  - Diabetes
  - Stress
  - Medication
- Periodontal screening
  - BPE
- Radiographs
- Horizontal /vertical bite wings
- Periapicals
- Classification of periodontal disease







Why perio claims are increasing

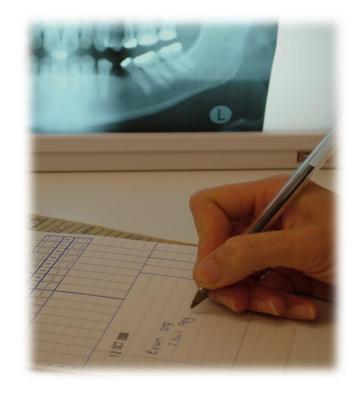
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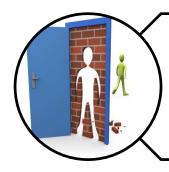
#### The clinical records

If it isn't written down, then it didn't happen

#### By looking at the card:

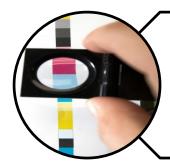
- Who was present
- What was said
- What was done
- Why is it being done
- How is it being done
- What was paid
- What is being planned for the future





#### Concern

- Patient report
- Use patient's own words



#### Tests and findings

- What you did and what you found out
- Special tests and reports



#### Diagnosis

- What conclusion did you draw
- Final or Provisional



#### Treatment proposals

- What options are there?
- Costs
- Timings



#### Consent

- Has the patient been given the pros and cons
- Evidence of agreement



#### Progress notes

• Risk related record keeping

Most of what we do in practice is repetitive

It is the **why** that we do it that may change depending on the patient or the clinical situation

That is when your notes need to be more detailed

## Basic periodontal examination (BPE)

Routine



Table 1: Summary of codes used in BPE and their clinical description

Code	Examination Findings	Clinical Condition
0	No pockets exceeding 3 mm, no calculus or overhangs and no bleeding on gentle probing	Periodontal health
1	Coloured band remains totally visible, indicating no pockets exceeding 3 mm, no calculus or overhangs but bleeding present on gentle probing	Gingivitis
2	Coloured band remains totally visible, indicating no pockets exceeding 3 mm, but calculus or other plaque-retentive factors found at or below the gingival margin	Gingivitis complicated by local risk factors
3	Coloured band on probe remains partially visible when inserted into the deepest pocket, indicating pocket depths greater than 3.5 mm but less than 5.5 mm	Mild periodontitis
4	Coloured band on probe disappears, indicating a pocket of at least 6 mm in depth	Moderate or advanced periodontitis
*	Total attachment loss at any site is 7 mm or greater or if a furcation defect is probed.	Advanced periodontitis





British Society of

#### Implementing the 2017 Classification of Periodontal Diseases to Reach a Diagnosis in Clinical Practice

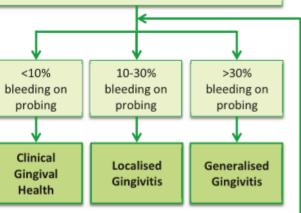
Scan m∈

Periodontology History, examination and screening for periodontal disease

including BPE and assessment of historic periodontitis (interdental recession)

Code 0 / 1 / 2

with no obvious evidence of interdental recession



Diagnosis should also include a comment on plaque retentive factors where a BPE code 2 is present

Code 3

with no obvious evidence of interdental recession

Appropriate radiographic assessment

Initial periodontal therapy and review in 3 months with localised 6-point pocket chart in involved sextant(s)

No pockets ≥4mm and no radiographic evidence of bone loss due to periodontitis

continue with code 0/1/2 pathway

Pockets ≥4mm remain and/or radiographic evidence of bone loss due to periodontitis

continue with code 4 pathway

Code 4

and/or obvious evidence of interdental recession

Appropriate radiographic assessment

Full periodontal assessment (including detailed 6-point pocket chart)

Molar-incisor pattern

**Periodontitis** Molar-Incisor Pattern

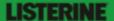
Localised Periodontitis

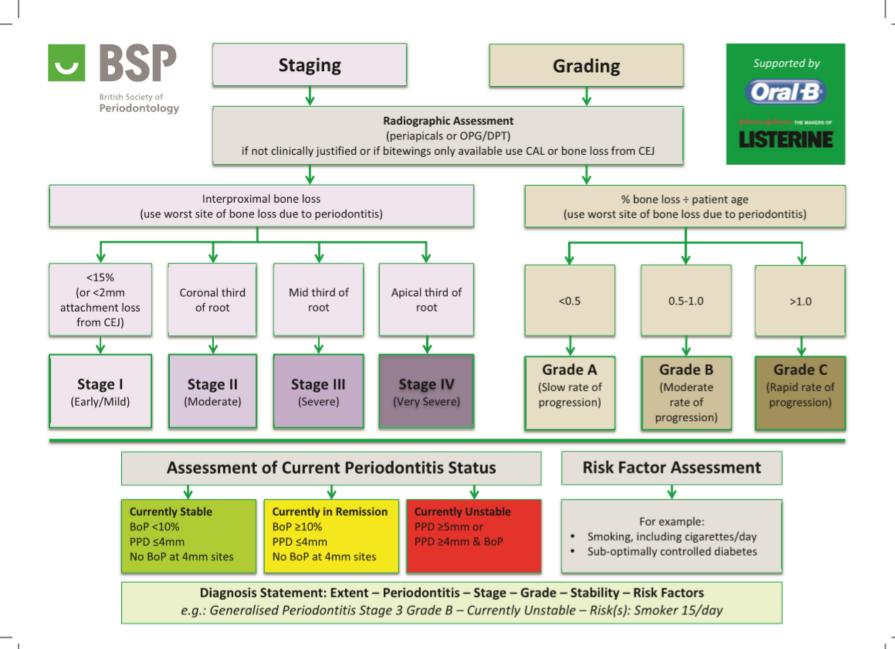
<30% of teeth

Generalised Periodontitis

≥30% of teeth

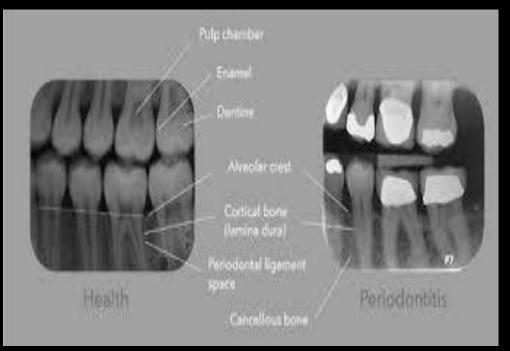
Staging and grading, current disease status and risk factor assessment (PTO)





### When should I start using the new perio classification?







BSP Good Practitioners guide

### CLINICAL RECORDS AND RADIOGRAPHS

#### Allegations

- Failure to diagnose periodontal disease
- No evidence of periodontal monitoring or risk assessment made
- No appropriate periodontal treatment carried out
- No referral made



### WE CAN PROTECT OURSELVES AND OUR PATIENTS

# What is expected of a GDP?

- ➤ Adequate screening (BPE)
- ➤ A diagnosis and INFORMING THE PATIENT
- Reasonable standard of NSPT
- An assessment of the treatment outcome
- ➤ A long term plan/long term care
- Referral if necessary
- Good standard of record keeping

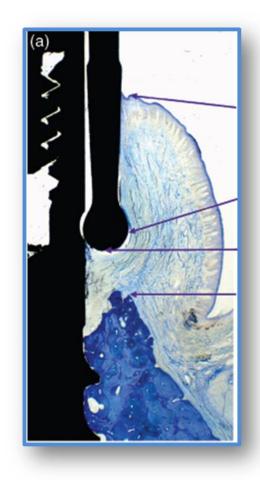
# Dento-legal risks for the GDP?

- ➤ No BPEs
- ➤ No pocket measurements for codes 3 and 4
- Lack of and /or poor quality radiographs
- ➤15 min S/P is not adequate RSI
- ➤ Poor quality OHI and lack of smoking cessation
- Can not just 'ref to hygienist'-the GDP needs to take control/ oversee care
- ➤ NHS Vs PVT hygiene appointments
- ➤ No definitive decisions or assessments made about where the patient is going
- **→**Ignoring implants

"Registrants who do not place or restore implants may see patients that have implants in-situ and they could be vulnerable to a complaint or a claim, if they do not diagnose in a timely manner the development of perimplantitis"

Dental Protection 2015

Peri-implantitis - ≥1mm of bone loss after the first year of installation together with bleeding and/or suppuration (Sanz & Chapple 2012)



SHOULD YOU BE CHECKING FOR POCKETS AROUND IMPLANTS (WITH A METAL PROBE)?

**YES YOU SHOULD** 

#### Useful phrases to include in templates

"Patient advised they are at risk of developing destructive periodontal disease"

"Patient warned of tooth mobility and tooth loss related to periodontitis"

"Patient advised on staging/grading and current disease status

"Patient advised smoking increases risk of periodontitis, poorer response to treatment and increases chance of reoccurrence"

#### Useful phrases to include in templates

"Patient advised poorly controlled blood sugar levels in diabetes related to poorer response to periodontal therapy"

"Patient shown how to use interdental brushes and advised on sizes:"

"Patient warned of post-operative sensitivity, gingival recession and black triangle appearance after periodontal treatment"

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### To refer or not refer – that is the question



by Len D'Cruz,
Dento Legal Adviser,
Dental Protection

he NHS dental contract is designed primarily to provide the necessary treatment to secure a patient's oral health.

Whilst the contract takes different forms in England and Wales with UDAs being the metric of choice and Scotland and Northern Ireland retaining a fee per item remuneration model, the delivery of care is predicated on need rather than want.

Many practices have built success on 'mixed practices', that is the delivery of private care alongside NHS dental care to individual patients.

The rules around mixing in England and Wales are quite clear. A dentist may, with the consent of the patient, provide privately any part of a course of treatment (except sedation and general anaesthesia) but shall not, with a view to obtaining the agreement of a patient to undergo services privately:

- advise a patient that the services which are necessary in his case are not available from the contractor under the contract; or
- → seek to mislead the patient about the quality of the services available under the contract.¹

The GDC also make it a professional and ethical requirement not to mislead patients about the availability of treatment<sup>2</sup> and warn about not pressurising patients to accept private treatment that could be available on the NHS:

- → 1.7 You must put patients' interests before your own or those of any colleague, business or organisation
- → 1.7.3 You must not mislead patients into believing that treatments which are

- available on the NHS (or equivalent health service) can only be provided privately. If you work in a purely private practice, you should make sure that patients know this before they attend for treatment
- → 1.7.4 If you work in a mixed practice, you must not pressurise patients into having private treatment if it is available to them under the NHS (or equivalent health service) and they would prefer to have it under the NHS (or equivalent health service).

And so we come to delivery of periodontal care by hygienists. From their training and experience and under their scope of practice they are the ideal members of the dental team to deliver this.

The business model operated by dental practice owners makes the provision of this service difficult to operate under the NHS since the hourly rate many hygienists command make it difficult to offer their services on the NHS. This is because most hygienists would like sufficient time to spend delivering their oral health messages, monitoring patient compliance and carrying out treatment. This is often a 30 minute appointment in which they have to carry out a range of hygiene services as well as infection control procedures before and after patients, unless they have the luxury of a dedicated nurse

So it seems it is difficult for practices to fund a hygienist on the NHS which is why the service is inevitably delivered under private contract.

And that is where the problems start especially when practice owners want the

hygienists to be busy and for the service to be cost effective.

Associates are sometimes 'incentivised' to make the referrals by a small referral fee for each patient referred for treatment – fees of anything between £3 and £15 per patient.

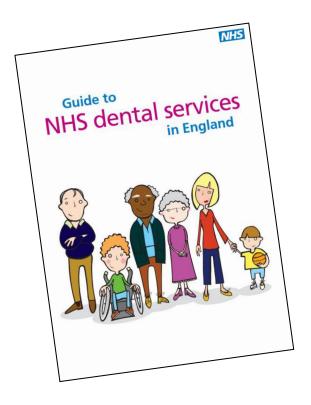
Whilst this might on the face it appear a reasonable encouragement to associates to make a referral, the GDC has some concerns about the perceived ethics of this:

→ 1.7.6 When you are referring patients to another member of the dental team, you must make sure that the referral is made in the patients' best interests rather than



BDJ in Practice June 2017





If your dentist says that you 'need' a particular type of treatment, it will be available under the NHS. You should not be asked to pay privately for any treatment which is clinically necessary. For example, if the dentist says that you need a scale and polish, this should be provided as part of your NHS course of treatment and you should not be asked to pay for it privately, or as a separate course of NHS treatment.



1.7.3 You must not mislead patients into believing that treatments which are available on the NHS(or equivalent health service) can only be provided privately. If you work in a purely private practice, you should make sure that patients know this before they attend for treatment.







If you work in a mixed practice, you must not pressurise patients into having private treatment if it is available to them under NHS and they would prefer to have it done under the NHS

# **HYGIENIST PRESCRIPTION**

iagnosis:	Extent ~	Periodontitis ~	Stage (Severity) ~	Grade (Progress	ion) v
	Stability: Currently	y Risk(s):			
lease Provide	the Following:				
☐ Initial Therap Other	y / Simple Scale	☐ Stain Removal	□ Root Surface	e Debridement	☐ Maintenance
Leaflet Giver		□ Patient informed	may initially be multiple vi	sits as required foll	owed by maintenance
☑ Interdental B	rushes	☑Flossing	☐ Denture Hygi	iene	
⊠ ТВI		☐ Dietary Advice	☐ Fluoride Appl		
vestigations					
Radiographs	Caver and the ca				AL DESCRIPTION OF THE PARTY OF
- reducing apris					
☐ Plaque and B	leeding Scores	⊠Reconf	firm BPE		
☐ Plaque and B	leeding Scores sextant - Full mout			by 6ppc if no impro	ovement
☐ Plaque and B☐ If BPE 4 any	sextant - Full mout		firm BPE 3 - Initial Therapy followed	by 6ppc if no impro	ovement
☐ Plaque and B	sextant - Full mout	h 6ppc ☑ If BPE			
☐ Plaque and B☐ ☐ If BPE 4 any ocal Anaesthe lease Use LA A☐ laintenance ☐ 3-4 Monthly	sextant - Full mout tic s Appropriate	h 6ppc	3 - Initial Therapy followed		



# WHAT DO I SAY TO A PATIENT WHEN REFERRING THEM TO SEE THE HYGIENIST ON A PRIVATE BASIS?





1.7.6 When you are referring patients to another member of the dental team, you must make sure that the referral is made in the patients' best interests rather than your own, or another team member's financial gain or benefit

A COMMUNICATION TO THE DENTAL TEAM FROM THE CHIEF DENTAL OFFICER

# SCALE AND POLISH – CLARITY ON THE NHS/PRIVATE DEBATE

'You should not be asked to pay privately for any treatment which is clinically necessary. For example, if the dentist says that you need a scale and polish, this should be provided as part of your NHS course of treatment and you should not be asked to pay for it privately, or as a separate course of NHS treatment.'

If the practice uses the services of a hygienist, the practice may give the patient an option of seeing the hygienist privately. However, if the patient does not wish to have the treatment privately, then the practice is required to provide all necessary treatment on the NHS.

# FP17DC TREATMENT PLAN

NHS Persona	al Dental Treatment Plan	FP17DC 07/03/06				
Provider's details  Telephone No.	Padent's details Sumans Forensine Date  Date  Disce  Disce	se of treatment, information				
Oral Health Assessment  Date of examination D D M M Y Y  Treatment on referral only  (if applicable)						
under the NHS, and you may obscess to have these provided or treatment. The desirate will discuss these options with you so if Proposed NHS Treatment  Disgnosis and Haintenance Damination and addre Radiographs, dudy casts 5 photos Presentes Stating, patients, august consolar of titings Adjustments 5 easing denture(s) Other Treatment Non-Surgical periodoctal heatment Surgical periodoctal heatment Permanent Ellings 5 seater restorations Endocetion Elimations 5 other coal surgery Oculusal spirite (fibricated in the mouth) Reliefa, internal periodoctal in the mouth) Reliefa, internal periodoctal coal coal coal coal coal coal coal co	Upper  Proposed Private  Diagnosis and I Red to graphs, Presention Soling, private  The surrent  Mon-Garginal Garger javio Permanent fils Protosocios Extraction 5 Char Appliances	ic) that are not normally available at the same abstractive to HHS  a Treatment Maintenance study casis & photos & & & & & & & & & & & & & & & & & & &				
Charge band for 1 2 3  NHS treatment £ Sundenstand to surrent serv	the nature of the proposed MHS   Patient's stand scoop those services standard standard   Standard					
Change for Frivate treatment £ I understand to private treatment services and to	the nature of the proposed eret services and scoopt those he associated fee as detailed. Patient's signature	iny amendment to the cost.				

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patients on the
NHS

BDA Indemníty



# Claiming for Perio on the NHS

Q. Is periodontal treatment Band 1 or Band 2 treatment?

#### Band 1

#### **PREVENTION**

- Instruction in the prevention of dental and oral disease including dietary advice and dental hygiene
- Scaling, polishing and marginal corrections of fillings

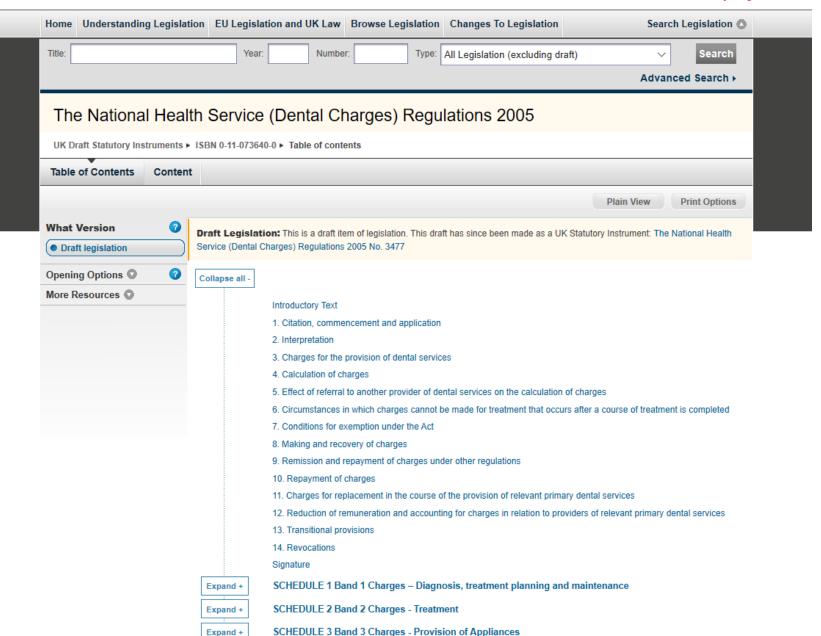
#### Band 2

#### TREATMENT

- •Non-surgical periodontal treatment including root planing, deep scaling, irrigation of periodontal pockets and subgingival curettage an dall necessary scaling and polishing
- •Surgical periodontal treatment including gingevectomy, gingivoplasty or removal of operculum
- •Surgical periodontal treatment including raising and replacement of muco-periosteal flaps, curretage, root planing and bone resection



Cymraeg



No time bars between courses of treatment

No stipulation on the number of visits

You provide what is clinically necessary

Evidenced based periodontal treatment pathways

## **ESTABLISH A PRACTICE PROTOCOL**

## 'Healthy gums do matter': A case study of clinical leadership within primary dental care

D. Moore, \*1 S. Saleem, 2 E. Hawthorn, 3 R. Pealing, 4 M. Ashley and C. Bridgman<sup>6</sup>

 Raises awareness of the role of NHS Raises awareness of the role of NMS regland's Local Professional Networks regland's Local Professional Networks 1 PNA as a forum for clinical leadership in dentistry as registering the registering of a practice of commissioners supporting the registering of a practice of the registering of th IN BRIEF

The Health and Social Care Act 2012 heralded wide reaching reforms intended to place clinicians at the heart of the health response for NUC appeal depth experies the conductor for this clinical leadurphic are the NUC Contend Local experies. The Health and Social Care Act 2012 heralded wide reaching reforms intended to place clinicians at the heart of the healt service. For NHS general dental practice, the conduits for this clinical leadership are the NHS England local professional service. For NYTO general gental practice, the conduits for this clinical leadership are the NYTO Engrand rocal professional network. In Greater Manchester, the local professional network has developed and piloted a clinician led quality networks. In Greater Manchester, the local professional network has developed and piloted a clinician led quality improvement project. 'Healthy Gums DO Matter, a Practitioner's Toolkit'. Used as a case study, the project highlighted the following facilitators to adjusted the developed and piloted and piloted to the following facilitators to adjust the developed and piloted to the following facilitators to adjust the developed and piloted to the following facilitators to adjust the developed and piloted to the following facilitators to adjust the facilitators to adjust the following facilitators to adjust the facilitato improvement project: Healthy Gums UU Matter, a Practitioner's lookkt. Used as a case study, the project nignignied the following facilitators to clinical leadership in dentistry: Supportive environment; mentoring and transformational the ronowing facilitators to clinical readership in dendistry; supportive environment, mentioning and transformed leadership; alignment of project goals with national policy; funding allowance; cross-boundary collaboration; determination; altruism; and support from wider academic and specialist colleagues. Barriers to clinical leadership literatures the biographical nature of bookboom territorialism and account of the support from wider academic and specialist colleagues. Barriers to clinical leadership determination; altruism; and support from wider academic and specialist colleagues, Barriers to clinical let identified were: the hierarchical nature of healthcare, territorialism and competing clinical commitments. CCGs remit and are commissioned directly

Clinical leadership in general dental practice may usually be thought of as the skills required to provide effective patient care within a successful business. However, the reforms brought about by the Health and Social Care Act<sup>3</sup> were intended to bring clinical leadership 'out of the clinic'. The aim was to place clinicians at the heart of the health Service; in commissioning, priority setting and cross boundary service redesign, recommended by many as a way of improving qualincines by many as a way or inquiring spans ity of services for patients. In the 2008 NHS next stage review by Lord Darri on improving quality in the NHS, it was stated that to raise standards, there must be a stronger role for manuarus, mere mus ne a menuga con celinical leadership and management throughout the NHS. Despite this, the focus on clinical leadership has been criticised by some as political rhetoric, bound up with the oftrepeated critique on managers in the NHS.45 It has been argued that the concept of

clinical leadership is not clearly defined, with much uncertainty about how it will work in

\*Nondemic Clinical Tellow | Still in Dential Public Header Clinical Tellow | Still in Dential Public Header Clinical Dential Dential Conference Cross of Periodontal Soldward Conference Co Practitioner and Chair of GM L7N, NYO England (LINK).

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"Committant in Dental Public Health, Public Health. "Consultant in Dental Public Health, Public Health England, 3 Piccadilly Place, MT 38N, "Consultant in Restorative Dentistry, University Dental Hospital of

Manchester, M15 6FH
\*Correspondence to: Deborah Moore Correspondence so: Occupant moore Email: deborah moore - Alemanchester.ac.uk

Referred Paper Accepted 13 August 2015 DOI: 10.1038/gi.h6j.2015.712 'British Dental Journal 2015; 219; 255-259

BRITISH DENTAL JOURNAL VOLUME 219 NO. 6 SEP 25 2015

pared or incuried to take on crinical readership (and perhaps more so, followership) roles, or To date, there has been little evidence of clinical leadership by general dental practitioners (GDPs) in service redesign and quality improvement projects. A problem with the existing literature on clinical leadership is the focus on the traits and qualities of leaders and the dyadic relationship they have with their followers, without paying attention to the wider organisational culture and context that might allow effective clinical leadership to flourish.63

This article will examine how the post-2013 NHS reforms relate to dental services and how the new structures have led to an innovative, the new succures mave too to an uniovative, clinically-led quality improvement project in cunicany-iea quanty augustement project in Greater Manchester (GM): 'Healthy Gums DO Matter. The project will be used to explore current facilitators and barriers to clinical leadership in primary care dental services.

#### BACKGROUND TO THE 'HEALTHY GUMS DO MATTER' PROJECT

In order to facilitate increasing clinical leadership, since April 2013 the majority of NHS services have been commissioned by Clinical Commissioning Groups (CCGs). by Charcal Commissioning Groups (CCGs are local bodies led by general medical practitioners, with technical contract car practitioners, with rectanical contract support from NHS England. They are the NHS budget.' However, dental, phar-macy and optical services are outside the dence-based prevention and liaise with local responsible for allocating around 60% of

practice, or it clinicians are adequately prepared or inclined to take on clinical leadership
by NHS England, through their regional by NITS England, tarough their regional area teams. <sup>8</sup> Clinical leadership in these services operates through the local professional networks (LPNs), which are embed-

The remit of the LPN is to 'provide clinided within each area team. cal leadership and facilitate wider clinical сан изанетынр аны такчилате winer cunical engagement at grass roots. <sup>10</sup> The LPN structure is flexible depending on local capacity and preference, but they share some key characteristics. They are a clinicallyled commissioning advisory team, which provide opportunities for clinicians to be involved in service improvement and redesign. They usually contain GDPs, dental practice advisors, commissioners and consultants in dental public health, postgraduate deanery representatives and specialists. In the summer of 2012 in GM, the local

onsultant in dental public health established and chaired a 'shadow LPN' in order to provide mentorship and facilitate empowerment of GDPs in preparation for the establishment of the LPN proper in 2013. The aim usument of the 1.7% proper to AV.3. The and was to develop their skills and experience so that they might be in a position to take on leadership roles in the future commissioning landscape. The first project the shadow LPN worked on was 'Baby Teeth DO Matter', Child oral health is a priority for GM, with a caries prevalence in five-year-olds of 41%, compared to 28% nationally.1

The Baby Teeth DO Matter project encouraged practices to become community-facing, improve early dental attendance, deliver evi-

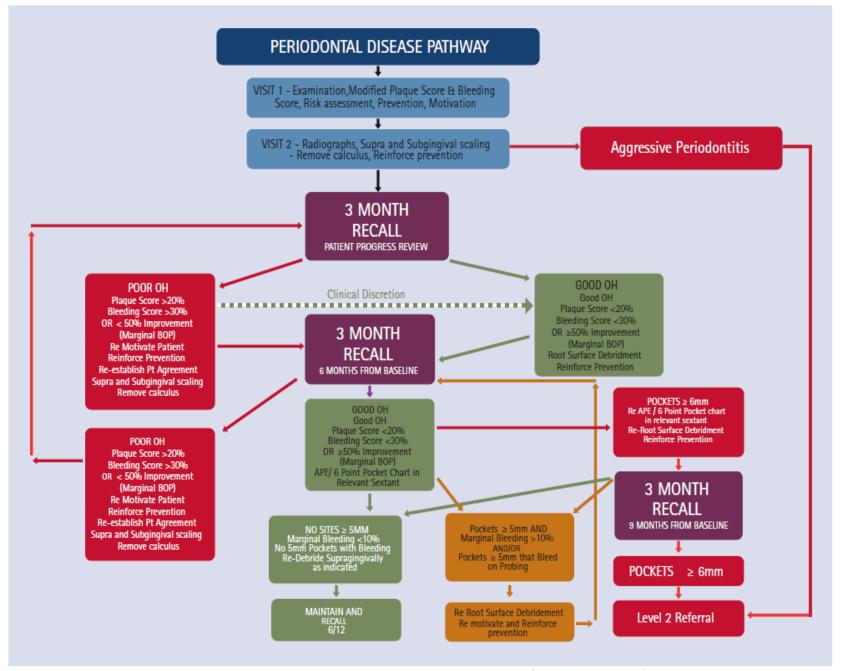


Fig. 1 Example of the care pathway to be followed by a patient identified as having disease (BPE scores of three).<sup>23</sup> A patient who engages with oral hygiene advice will follow the green section of the pathway. A non-engaging patient will follow the red section of the pathway

# WHEN SHOULD I REASSESS THE PATIENT AFTER INITIAL TREATMENT

# Factors affecting decision making at reassessment of periodontitis. Part 1: history and examination at reassessment

Amardip S. Kalsi, \*1 Deborah I. Bomfim2 and Zahra Hussain2

#### **Key points**

Points out that periodontal reassessment is distinct from initial assessment in that the patient's response to initial therapy will be apparent. Indicates that a thorough assessment should be taken to aid decision-making. Outlines the method of history and examination at reassessment.

#### Abstract

Periodontal therapy aims to arrest the disease while maintaining function and aesthetics. Reassessment allows an opportunity to assess the periodontal status and need for further treatment. This is distinct from initial assessment in that the patient's response to initial therapy will be apparent and many treatment options other than non-surgical therapy require consideration. This series of papers outlines the processes to undergo at periodontal reassessment in order to assess viable treatment options and decide on a plan. This first article focuses on the information that should be gathered at the reassessment appointment in order to allow a full view of a case to aid decision-making. Subsequent papers in this series discuss the systemic and local factors that can account for residual probing depths, assessment of prognosis and treatment planning. Reassessment should be undertaken in a detailed manner to establish the reasons for any residual periodontal probing depths which will lead to the appropriate treatment option.

# History and examination at reassessment

#### When to reassess

Due to the progressive nature of periodontitis, the reassessment stage is important in order to assess patient compliance and the outcome of initial treatment, in addition to other factors that can affect disease progression or stabilisation. Patients should be made aware of the nature of periodontitis, including the risk of disease progression following a period of stability, and the subsequent need for ongoing re-evaluation.

Different timescales have been suggested regarding when to carry out the periodontal reassessment after initial therapy. The biggest changes in periodontal probing depths occur up to 3 months following initial therapy and healing at a slower pace occurs for up to 9 months.<sup>6</sup> In view of this, it has been suggested that reassessment should be carried out at 3 months. A shorter time period has been suggested of between 4 to 8 weeks; the authors' clinical practice involves reassessing at 6 to 8 weeks, for the reasons shown in

The biggest changes in periodontal probing depths occur up to 3 months following initial therapy and healing at a slower pace occurs for up to 9 months.

In view of this, it has been suggested that reassessment should be carried out at 3 months

### England

Avoidance of Doubt Provision of Phased Treatments

The purpose of this document is to support dental professionals, and to clarify where it might be appropriate to provide phased treatment spanning over several courses of treatment (coT). In turn, The purpose of this document is to support dental professionals, and to clarify where it might be appropriate to provide phased treatment spanning over several courses of treatment (CoT). In turn, appropriate to provide phased treatment spanning over several courses of batients who will not appropriate to provide phased treatment. Shall be appropriate to provide phased treatment. appropriate to provide phased treatment spanning over several courses of treatment (CoT). In turn, who will not this should improve access to high quality NHS dentistry to meet the needs of patients who will not this should improve access to high quality NHS dentistry to meet the needs of patients. This cohort of usually have accessed and completed routine dental care in the previous 24 months. This cohort of usually have accessed and completed routine dental care in the previous 24 months. this should improve access to high quality NHS dentistry to meet the needs of patients who will not usually have accessed and completed routine dental care in the previous 24 months. This cohort of usually have accessed and completed routine dental needs and as such are more likely to be adults patients would generally be those with high dental needs and as such are more likely to be adults. usually have accessed and completed routine dental care in the previous 24 months. This cohort of patients would generally be those with high dental needs and as such are more likely to be adults patients would generally be those with high dental needs. Background

Phased treatment may consist of up to three courses of treatment; all these CoTs will usually be completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. Phased treatment may consist of up to three courses of treatment; all these CoTs will usually be completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial preventive measures are seen with pain relief, stabilisation of active disease and initiation of initial preventive measures. completed within a 12 month period. It is acknowledged that often the first course is an initial accompleted within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial completed within a 12 month period. It is acknowledged that often the first course is an initial course in course is an initial course in course is an initial course in course in course is an initial course in course in course in course in course is an initial course in c

It is only after this first course has been completed and the patient reassessed to see how they have responded and a further treatment can be devised (CoT 2). In some cases a further reassessment responded and a further treatment can be devised (CoT 2). At the very outset the patient should be made aware that they will be required to return for further courses of treatment, and that this may incur further NHS dental charges. It is not always possible to courses of treatment, and that this may incur further NHS dental charges until the reassessment course of predict the exact nature and ,therefore, cost of the next phase until the reassessment or predict the exact nature and ,therefore, cost of the next phase until the reassessment.

In COT 1 the proposed treatment should be detailed with notes about the reasons for phasing into different COTs. The patient should be made aware that the future COT will be dependent on the In CoT 1 the proposed treatment should be detailed with notes about the reasons for phasing into different CoTs. The patient should be made aware that me future CoT will be of the future CoT the impact on the detailed for the future completed for the studies of the studies of the future completed for the studies of the studies of the future completed for the future future future futur patient charges must be explained to the patient and their understanding confirmed. The explanation for phasing treatment must be recorded in the notes. Clinical and patient factors should be considered carefully before advance care is provided.

Table 1. Example of documentation for phased treatment Course of Treatment (CoT 1)

tor pnasing treatment must be recorded in to carefully before advance care is provided.

Uncent treatment unless the patient wishes to Organ treament unless the patient wishes to have a full examination and treatment plan, and evaluate the standard treatment with the standard nave a run examination and treatment pathway, and enter into the phased treatment pathway.

- Periodontal assessment (Band 1) Other appropriate treatment, such as appropriate treatment, such as designed of carious (Band 1 Urgent, or 2)
  - removal of calculus (Band 1, 1
  - pulp extirpation (Band 1 Urgent, or

  - extraction of teethhooth fragments (Band 1 Urgent, unless surgical outmation in remained them Rand coand 1 Uryenn, unress surgicul extraction is required, then Band



DENTAL OFFICER ENGLAND

Office of the Chief Dental Officer Shith Floor, Skipton House, 80 London Road, London SET 6LH

England.CDOexecutive@nhs.net www.england.nhs.uk

 Phased treatment may consist of up to 3 COTs
 All these will usually be completed with a 12 month period

- Patient should be made aware of further NHS charges.
- Not always possible to predict exact nature until reassessment

- Issue FP17DC for each COT
- Explanation for phasing must be recorded in the notes
- Clinical and patient factors should be considered before advance care is provided

Phases



Charges

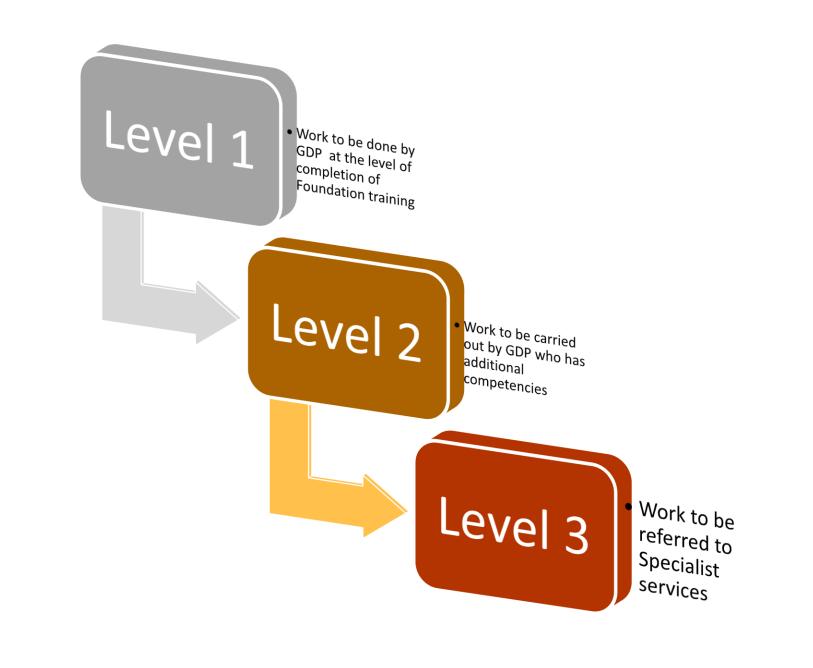


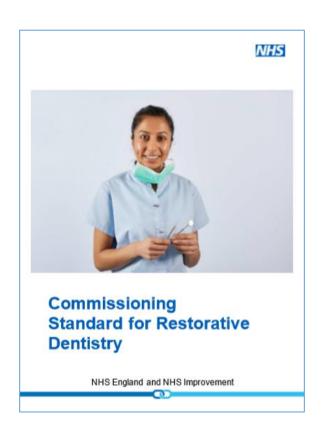
Records

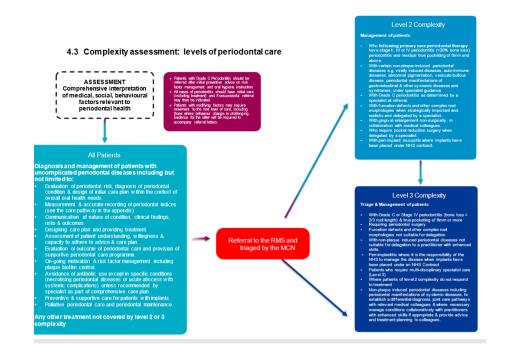




SKILL LEVELS- WHAT ARE GDP's EXPECTED TO DO?







#### Published 4<sup>th</sup> July 2019

https://www.england.nhs.uk/publication/commissioning-standard-for-restorative-dentistry/

ASSESSMENT
Comprehensive interpretation
of medical, social, behavioural
factors relevant to
periodontal health

- Patients with Grade C Periodontitis should be referred after initial preventive advice on risk factor management and oral hygiene instruction.
- All cases of periodontitis should have initial care (including treatment) and if unsuccessful referral may then be indicated.
- Patients with modifying factors may require movement to the next level of care, including those where behaviour change is challenging. Evidence for the latter will be required to accompany referral letters.

#### **All Patients**

# Diagnosis and management of patients with uncomplicated periodontal diseases including but not limited to:

- Evaluation of periodontal risk, diagnosis of periodontal condition & design of initial care plan within the context of overall oral health needs.
- Measurement & accurate recording of periodontal indices (see the care pathway in the appendix)
- Communication of nature of condition, clinical findings, risks & outcomes.
- Designing care plan and providing treatment.
- Assessment of patient understanding, willingness & capacity to adhere to advice & care plan.
- Evaluation of outcome of periodontal care and provision of supportive periodontal care programme.
- On-going motivation & risk factor management including plaque biofilm control.
- Avoidance of antibiotic use except in specific conditions (necrotising periodontal diseases or acute abscess with systemic complications) unless recommended by specialist as part of comprehensive care plan.
- Preventive & supportive care for patients with implants.
- Palliative periodontal care and periodontal maintenance.

Any other treatment not covered by level 2 or 3 complexity

### Level 2 Complexity

#### Management of patients:

- Who following primary care periodontal therapy have stage II, III or IV periodontitis (>30% bone loss) periodontitis and residual true pocketing of 6mm and above.
- With certain non-plaque-induced periodontal diseases e.g. virally induced diseases, auto-immune diseases, abnormal pigmentation, vesiculo-bullous disease, periodontal manifestations of gastrointestinal & other systemic diseases and syndromes, under specialist guidance.
- With Grade C periodontitis as determined by a specialist at referral.
- With furcation defects and other complex root morphologies when strategically important and, realistic and delegated by a specialist.
- With gingival enlargement non-surgically, in collaboration with medical colleagues.
- Who require pocket reduction surgery when delegated by a specialist.
- With peri-implant mucositis where implants have been placed under NHS contract.

### Level 3 Complexity

#### Triage & Management of patients:

- With Grade C or Stage IV periodontitis (bone loss > 2/3 root length) & true pocketing of 6mm or more
- Requiring periodontal surgery
- Furcation defects and other complex root morphologies not suitable for delegation
- With non-plaque induced periodontal diseases not suitable for delegation to a practitioner with enhanced skills.
- Peri-implantitis where it is the responsibility of the NHS to manage the disease when implants have been placed under an NHS Contract
- Patients who require multi-disciplinary specialist care (Level 3).
- Where patients of level 2 complexity do not respond to treatment
- Non-plaque induced periodontal diseases including periodontal manifestations of systemic diseases, to establish a differential diagnosis, joint care pathways with relevant medical colleagues & where necessary, manage conditions collaboratively with practitioners with enhanced skills if appropriate & provide advice and treatment planning to colleagues.





**Greater Manchester Local Dental Network** 



Periodontal Management In Primary Dental Care
Greater Manchester Local Dental Network

**Practitioner's Toolkit** 

#### Periodontal Information Leaflet & Consent Form

You have been diagnosed with a destructive form of gum disease called "Periodontitis". Periodontitis causes irreversible destruction of the bone and tissues that hold the teeth in the jaw. The disease is usually slowly progressing, but it can go through periods of rapid destruction and in rare cases it can be very aggressive.

Now you have this condition you will need to make changes to your lifestyle and daily routines if you wish to keep your teeth. You will also require continuing close care and support to prevent it from getting worse and to detect any relapse. This will mean regular dental examination appointments, most likely every 3 months in the initial phase until the disease is stabilised.

The end result of periodontitis can be tooth mobility and eventual tooth loss. In most cases periodontitis is a painless, silent disease causing problems in the late stages, usually due to pain associated with tooth mobility and recurrent gum abscesses. Periodontitis is treatable and we can stabilise the disease, but this can only be done if we have your daily cooperation.

#### Some of the signs of periodontitis are:

- Bleeding gums
   Healthy Gums DO NOT Bleed
- Swollen and tender gums
- Bad breath

- Recession of the gums
- Tooth loss
- Sensitivity of the teeth
- Lengthening of the teeth
- Loose teeth
- Gum abscesses

Periodontitis can be halted and kept stable to prevent further destruction of the bone and tissues supporting the teeth. There are many risk factors for periodontitis, but the main risk factor is dental plaque. In order for periodontal treatment to be successful, it must be supported by very high standards of daily oral hygiene and home self-care.

oral hygiene at home, it will not be successful and the result will be continuing destruction of the bone supporting your teeth leading to increasing tooth mobility and eventual tooth loss.

The disease works in a very similar way to type 2 diabetes, and so just as a diabetes patient has to keep tight control of their diet and monitor their blood sugar levels,

If you are a smoker it negatively impacts upon how you heal and so periodontal treatment is less effective, and there is an increased risk of tooth loss.

Therefore, it is important that you stop smoking and using other oral tobacco and nicotine replacements in order for treatment to work well. If you would like some support to stop smoking, please speak with



- Adequate screening (BPE)
- A diagnosis and INFORMING THE PATIENT
- Reasonable standard of NSPT
- An assessment of the tx outcome
- A long term plan/long term care
- Referral if necessary
- Good standard of record keeping

Why perio claims are increasing

Clínical assessment

Record keeping

Referrals to hygienist and specialists

Managing periodontal patients on the NHS

BDA Indemnity









### Claims made

V

occurrence based



Contractual

V

Discretionary



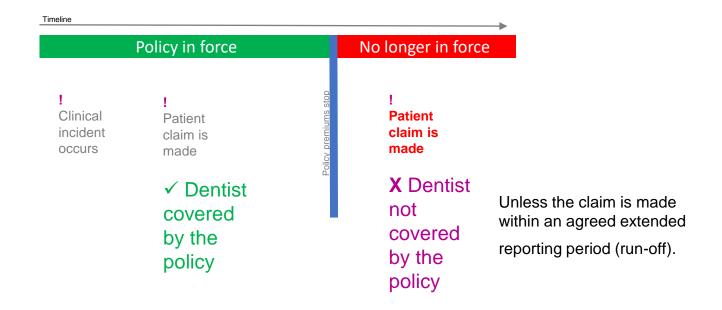
Dentists for dentists

Claims made V occurrence b<u>ased</u>

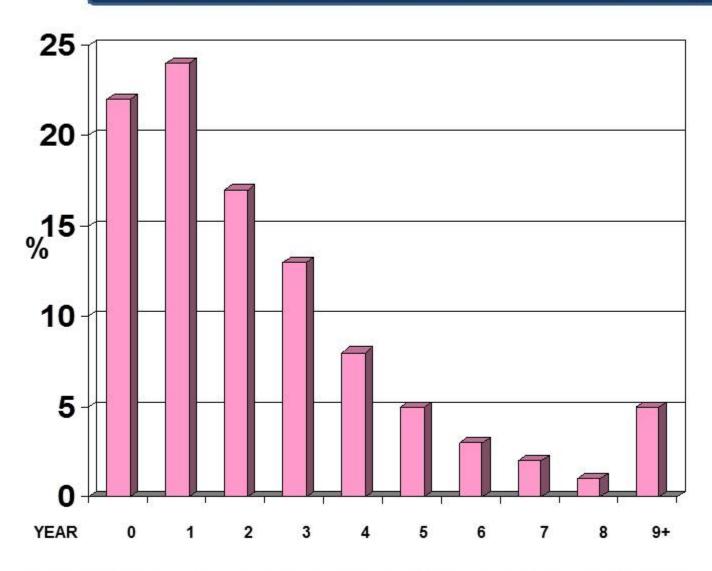
#### Claims made

- As long as you are paying the premiums you will be covered when the claim is made by the patient
- Many claims come in 2-5 years after the actual incident
- If you are not paying the premiums because you have left the insurer, retired, on maternity leave or long term sick leave you may have to pay "run off cover"

# Claims-made policy



### Estimated percentage of total dental cases reported year-on-year



ELAPSED YEARS FOLLOWING INCIDENT DATE (YEAR 0 = YEAR OF TREATMENT/ INCIDENT)

Claims made V occurrence based



#### Claims made

- As long as you are paying the premiums you will be covered when the claim is made by the patient
- Many claims come in 2-5 years after the actual incident
- If you are not paying the premiums because you have left the insurer, retired, on maternity leave or long term sick leave you will have to pay "run off cover"

#### **Occurrence** based

As long as you were
 paying the premiums at
 the time you were
 treating the patient and
 in the right subscription
 category you will be
 covered without having to
 pay "run off cover"



Contractual V Discretionary

#### **Contractual**

- If it is in the contract the insurance company is legally obliged to cover you under the terms of the contract
- Overseen by the Financial Ombudsman
- Regulated by the Financial Conduct Authority

#### **Discretionary**

- The company (usual a mutual) has the ultimate discretion whether they will assist you with a claim, complaint or GDC case
- There is no contractual obligation they have with you
- May be able to exercise their discretion to assist beyond what a contract might have covered

#### Dentists for dentists

- Do they cover dentists only or do they cover doctors (and surgeons and obstetricians and gynaecologists etc)?
- Do they have a dento- legal advisers you can speak to when you call or is it handled by a non-dentist?
- Do they have risk management education, publications and training?

Vicarious liability, sometimes referred to as "imputed liability," and the the Latin term "respondeat superior," is a legal concept that assigns liability to an individual who did not actually cause the harm, but who has a specific superior legal relationship to the person who did cause the harm.

# **VICARIOUS LIABILITY**

# Who is the practice owner responsible for?



#### Dear Mr Dentist

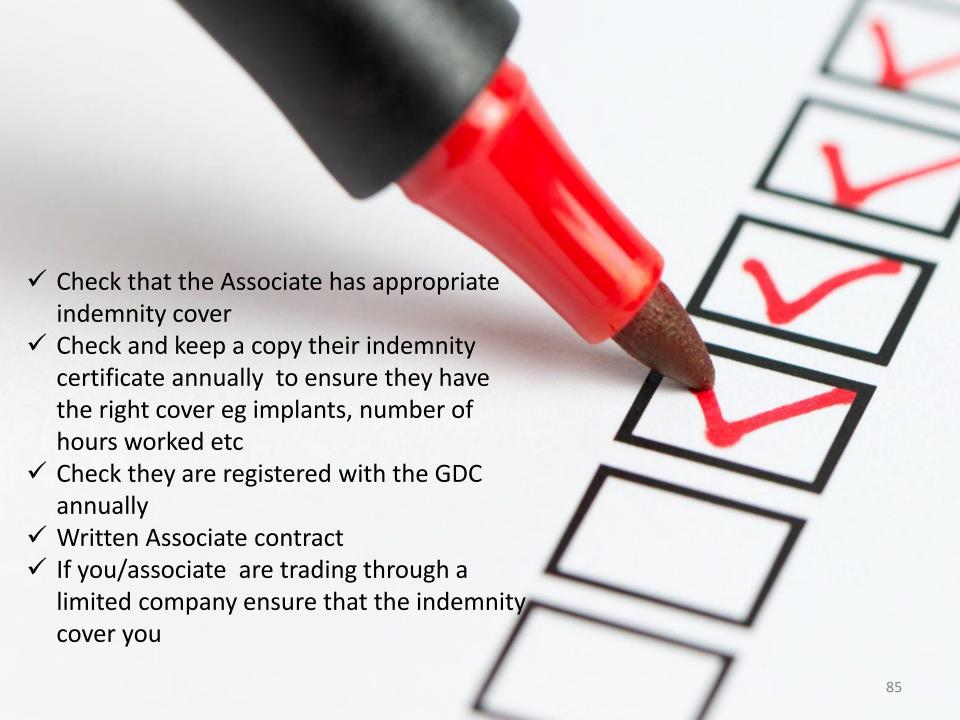
Our clients case relates to treatment provided by Dr A, Dr B and Dr C who treated our client at your practice.

We understand that the said practice had been operated by you from Dec 1999 to date.

As practice owner, you are directly liable for any negligence of any clinical staff at your practice, regardless of their employment status (Cox v MOJ [2016] UKSC 10) followed by Barclays Bank v Various Claimants [2018]EWCA Civ 1670 in relation to self-employed independent contractor and directly liable for the negligence of any clinical staff at the practice, again regardless of their employment status, pursuant to a non-delegable duty of care to the patients of the practice (Woodland v Essex County Council [2013] UKSC 66

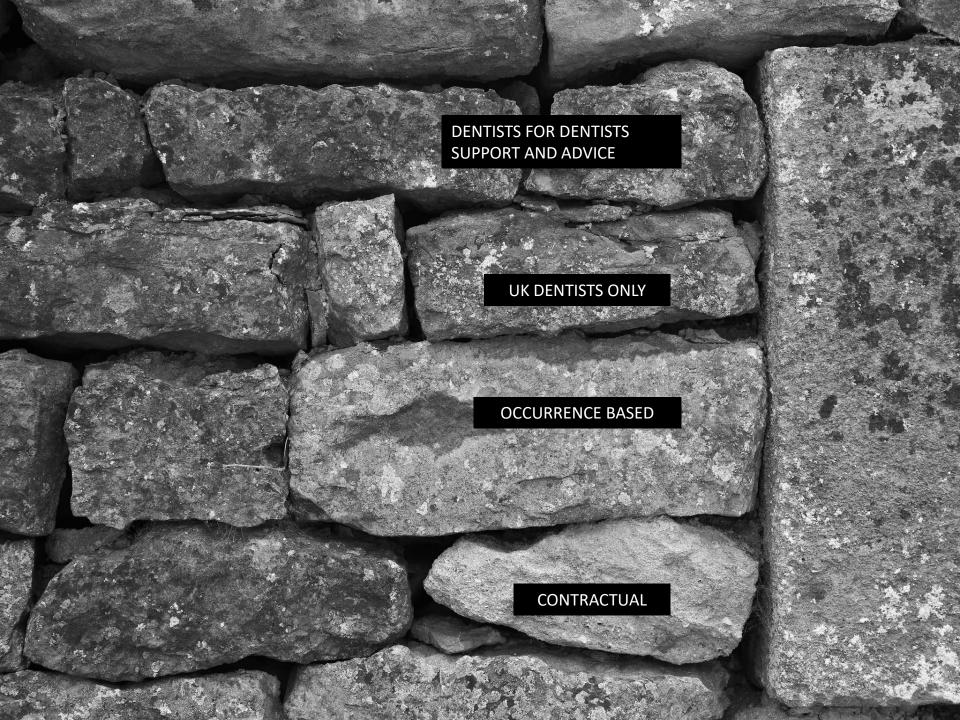
Yours sincerely

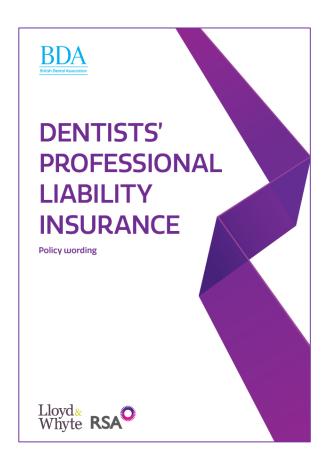
we sue dentists, com



# The Product















temple legal protection

#### Civil liability in public and product liability claims

Cover for damages where appropriate

#### Defence costs regarding civil liability claims

Cover for all legal costs including experts' fees

#### **Legal representation**

We'll fight your corner and pay expert fees in investigations and inquiries, hearings (inc GDC and disciplinary), tribunals, courts (inc inquests)

#### **Crisis management**

You'll have lawyers and/or expert media consultants on hand in the event of a professional crisis, and those costs are covered

#### **HMRC** tax investigation expenses

#### Whistleblowing

Cover for any consequences of reporting concerns

#### **Vicarious liability**

Cover for acts or omissions of practice colleagues for who you are vicariously liable

#### Nurses covered on your policy

Nurses are indemnified against negligence claims, compliant with GDC regulation

Cover is available for other clinical practices (implants/cosmetic procedures etc.) No additional cost for sinus lifts or bone grafts

See Policy Cover for detailed wording	Employed: Hospital/community/ university/defence services indemnified	Associate	Practice owner
	Essential	Extra	Expert
Professional Liability Insurance from RSA			
Civil liability in public and product liability claims Cover for damages where appropriate		~	~
Defence costs regarding civil liability claims Cover for all legal costs including experts' fees		1	~
Legal representation We'll fight your corner and pay expert fees in investigations and inquiries, hearings (inc GDC and disciplinary), tribunals, courts (inc inquests)	~	~	~
Crisis management You'll have lawyers and/or expert media consultants on hand in the event of a professional crisis, and those costs are covered	~	~	~
HMRC tax investigation expenses You'll get expert advice and representation in an HMRC investigation	~	~	~
Whistleblowing Cover for any consequences of reporting concerns	~	~	~
Loss or damage to documents Cover for the costs and expenses incurred in replacing or restoring records		~	~
Vicarious liability Cover for acts or omissions of practice colleagues for who you are vicariously liable		~	~
Nurses covered on your policy Nurses are indemnified against negligence claims, compliant with GDC regulation			~
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#### Case management and dento-legal advice

#### **Support with professional disputes**

We'll assist if a colleague has criticised your work

#### NHS contract and performance disputes

We will help with any disputes and investigations

#### Intellectual property (IP) disputes

IP lawyers will advise and represent you to protect your interests

#### Academic and research disputes

#### Advertising and competition advice

We'll bring in advertising experts. We'll also assist with matters relating to competition regulation

#### **Reputation management**

We'll help minimise reputation damage to maintain professional standing

#### Remediation

We'll work with you to create a personalised plan to avoid regulator sanctions

Advisory, case management and indemnity support	from the BI	DA .		
Case management and dento-legal advice We'll be the point of contact and manage cases. We'll liaise with lawyers and experts on your behalf	<b>✓</b>	~	<b>✓</b>	
Support with professional disputes We'll assist if a colleague has criticised your work	~	<b>✓</b>	~	
NHS contract and performance disputes We will help with any disputes and investigations	~	~	~	
Intellectual property (IP) disputes IP lawyers will advise and represent you to protect your interests	~	1	~	
Academic and research disputes We'll support you with academic/research/publishing disputes	<b>✓</b>	~	~	
Advertising and competition advice We'll bring in advertising experts. We'll also assist with matters relating to competition regulation	~	~	~	
Reputation management We'll help minimise reputation damage to maintain professional standing	~	~	~	
Remediation We'll work with you to create a personalised plan to avoid regulator sanctions	1	1	~	
Associates/employees We'll make sure your voice is heard on indemnity-related matters	~	~	~	
Quotes are personalised for hours worked and are UK nation- specific	~	<b>~</b>	~	

#### Case management and dento-legal advice

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Remediation We'll work with you to create a personalised plan to avoid regulator sanctions	1	1	1	
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Quotes are personalised for hours worked and are UK nation- specific	~	<b>~</b>	~	

# Our offer to you...



- We won't settle a claim without seeking the members' agreement
- We won't just give in to pressure to settle and make cases go away: we'll do what's right in each and every case
- There's no limit on how often members can call for help and calling won't penalise premiums
- It's a fair, inclusive and bespoke policy for the practice of dentistry.

# **Experts**





Len D'Cruz

Senior Dento-legal Advisor



Lynn Stephens

Dento-legal Advisor



Russell Heathcote-Curtis Dento-legal Advisor



Lorna Ead

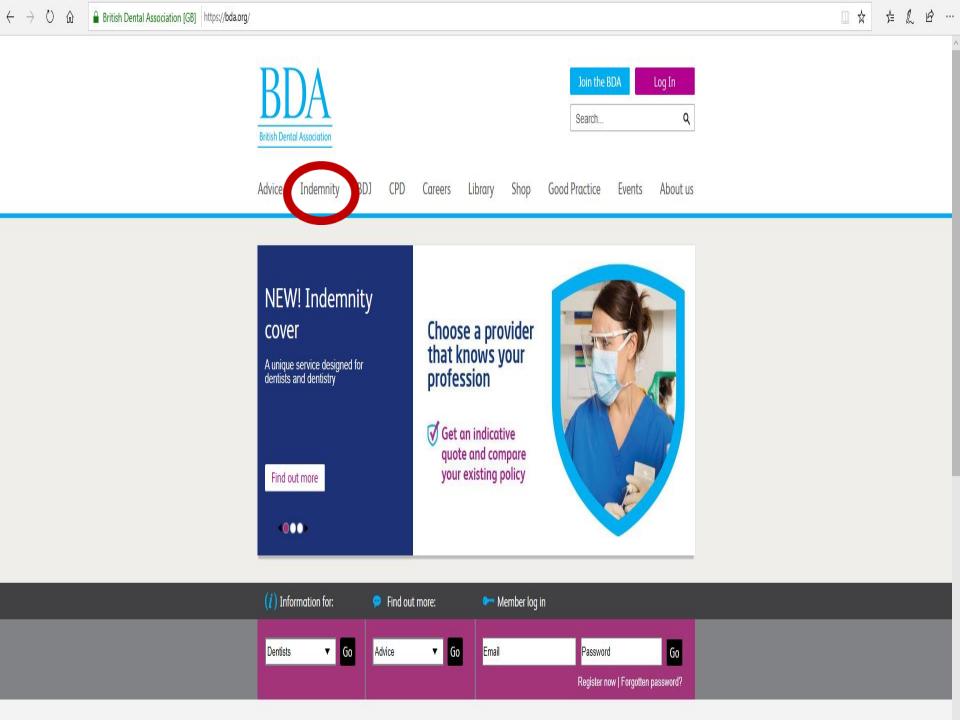
Dento-legal Advisor



Jane Merivale

Dnto-legal advisor











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# Home > Indemnity

Get a quote

Apply for cover

Am I eligible for cover?

Cover features

About the policy

Changing providers
FAQs

Regulation

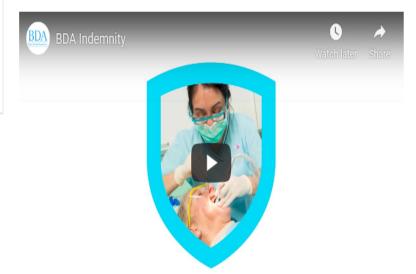
Our experts

### **NEW!** Indemnity cover

We've been by your side since 1880 and continue to support you with every step of your professional journey.

Members can now choose indemnity cover through us.

Get an indicative quote



# Eligibility for the Indemnity product

#### Practice owners

• Must be in Expert tier

#### **Associates**

- At least in Extra tier
- Expert if they have stake in the practice

# NHS/Employee/Crown indemnified

- Essential if exclusively doing NHS/Employer etc
- Extra or Expert as above plus independent work

# How much will it cost?



# Key features and benefits Indemnity

- Occurrence-based (in perpetuity) for long-term peace of mind
- Contractual: a legally-binding right to cover
- Top 5 UK insurer-backed policy\* with assured financial security
- Dentist-led advice and case management respecting members'
- unique situations
- Flexible category structure so members only pay for what they do, so they're not subsidising the risks of other dentists or medical colleagues\*\*

<sup>\*</sup> Standard & Poor's credit rating 20 June 2018

<sup>\*\*</sup> Subject to policy terms and conditions



#### Ask the insurance companies

Why claims made not occurrence based?
How many years run off cover do I get?
Will that be enough?
How much will it cost me to get more years cover?
Can I be sure that you will offer me run off cover or is that provided on a discretionary basis?

#### Ask the mutuals

If a claim is made against me a few years after I retire will you guarantee to cover me?

Can you give me an example of when you have exercised your discretion to cover a member when an insurance policy from another provider would not have covered them?

#### **ASK THEM ALL**

Have they got the expertise to advise you on

- NHS disputes with the commissioners
- Employment matters
- Provide detailed compliance support for practice inspections from regulators like CQC, RQIA, HIW
- Business matters





When you need it ...you want to be sure it is there





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The British Dental Association is an appointed representative of Lloyd & Whyte Ltd.

Lloyd & Whyte Ltd is authorised and regulated by the Financial Conduct Authority (FCA).

The FCA does not regulate the advice you receive with regards to Advisory, Case Management and Indemnity Support provided by the BDA.

Calls are recorded for training and monitoring purposes.